

Washing hands saves lives.
**DO YOU KNOW HOW TO
WASH YOUR HANDS?**



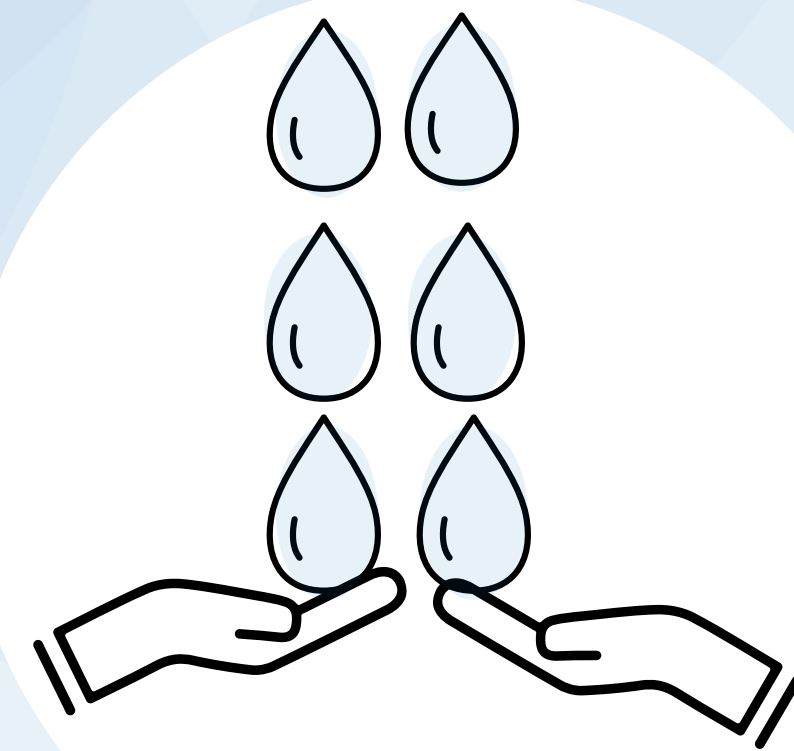
WET



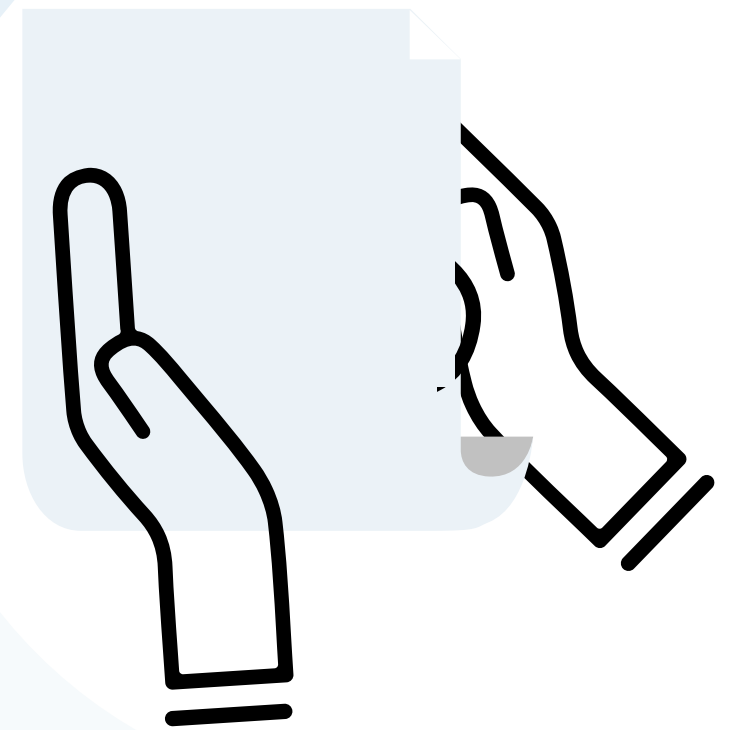
SOAP



SCRUB



RINSE



DRY

Wash under fingernails, between fingers, back of hands & wrists.

Scrub for at least 20 seconds.

Make lots of bubbles!

Dry hands with paper towel or hot air dryer.

Turn off faucet & open door with paper towel.

WHEN TO WASH:

After using the toilet ● Before eating food

Before, during & after making food

After blowing your nose, coughing or sneezing

After touching someone who may be sick

After touching an animal ● After touching garbage

When you come home from school or outside