

Healthy Youth and Family Coalition

March 7, 2019

Ebeid Institute

9:00-11:00

Agenda:

Call to Order & Welcome

Attendees: Kelly Watson (Lucas County Board of Developmental Disabilities), Suzanne Saggese (Ohio State University Extension), Gary Arbuckle (Lucas County Board of Developmental Disabilities), Felicia Sanchez (Ebeid/Promedica), Melissa Hallenbeck (Toledo Lucas County Health Department: Child Maternal Health), Jenny Hansen (YMCA/LiveWell), Keith Webb (We Are Traffic), Amy Abodeely (Creating Healthy Communities/TLCHD), Jamie Christian (Toleago/Gotcha)

1. 2019

• 2019 Workplan

i. MOU Review

- Reviewed the 2019 Healthy Youth and Family MOU. The MOU outlines the vision and mission of the coalition as well as the member expectations and benefits.
- Went over the 2019 work plan. The work plan addresses increasing access and affordability of healthy food, increasing opportunities for physical activity, and assuring tobacco-free living.
- Increasing access to affordability of healthy food projects include: pop-up farmer markets, local produce in corner stores, and providing lactation services to a worksite
- Increasing physical activity projects include: shared use agreement with organization to increase physical activity in the community, active commute strategies/guidelines in a worksite, and active commute workshop with Tool Design to develop ideas to increase active commute throughout Lucas County
- Assuring tobacco-free living project includes adoption of T21 in a Lucas County jurisdiction
- Increasing diversity in coalition members. Reaching out to other organizations and community individuals that may benefit from the work of the coalition.
- A copy of the 2019 work plan was available at the meeting as well as attached.

ii. Interest cards

- Interest cards were supplied to all members so that they could indicate which area they are willing to help complete.
- Interest cards are attached as well for those who were not at the meeting but would like to help with the 2019 objectives.



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- **Change Tool Evaluation**
 - *See attached power point presentation*
- ii. **2015 results**
 - *Assessed 30 sites: a combination of worksites, community organizations, schools, and community at large sites.*
 - *Used these assessments to determine the community's needs and how to shape our yearly work plans.*
- iii. **2019 plan**
 - *Re-assess the 30 sites from 2015 to see what progress has been made in the community over the last 5 years.*

2. Presentation: Tolego: Toledo's Bike Share Program

- **Jamie Christian: Toledo Community Manager of Tolego**
 - *See attached PowerPoint presentation*

3. Other 2019 Topics of Discussion

- **Speaker Ideas**
 - *Any ideas or suggestions are welcomed. Please reach out to either Amy Abodeely or Tony Maziarz with ideas.*
- **Meeting Dates/Locations**
 - i. **March 7, June 6, September 5, December 5**
 - *June 6th meeting location: Larc Lane Training Center (Great Room), 1155 Larc Lane Toledo, Ohio 43614*
 - *September 5th meeting location: Ebeid Institute, 1806 Madison Ave, Toledo OH*
 - *December 5th meeting location: Believe Center, 1Aurora Gonzalez, Toledo OH*

4. Open Forum / Questions

- **Jenny Hansen (Live Well):**
 - *Applied for non-infrastructure Safe Routes to School ODOT money.*
 - *Washington Local Schools wants help with a school travel plan for its 10 schools. Hope to finish the plan in March of 2020.*
- **Keith Webb (We Are Traffic)**



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- *Cycling without Age targeting older individuals in nursing homes. Special bike to accommodate the elderly. Volunteer based. Currently in Rosary Care, and Kingston Nursing Home.*
- *Can schedule bike rides for older individuals at both Swan Creek and Wildwood.*
- *May 3, 2019: Lunch and Learn at Lourdes University. Rules of the Road. Free to the public.*
- *May 4, 2019 Community Bike Ride starting at Lourdes at 9:00am.*
- **Jamie Christian(Toledo/Gotcha)**
 - *March 29, 2019: Toledo Bike Day from 3-6 at Middle Grounds. Mayor to speak at 3:15*
 - *Follow and like Facebook site: ToleGo Bike Share*
- **Felicia Sanchez (Promedica)**
 - *See attached flyers for services and upcoming events*
- **Gary Arbuckle (Board of Developmental Disabilities)**
 - *See attached flyers for services and upcoming events*

5. Next Meeting :

- **June 6, 2019**
9:00-11:00am
Larc Lane Training Center (Great Room),
1155 Larc Lane
Toledo, Ohio 43614

