**May 2016 Sixty Plus Clinic & Tai Chi Schedule** *Toledo-Lucas County Health Department~ 635 N. Erie St. Toledo, Ohio 43604 Contact – Debbie McClure, R.N. (419) 213-6259*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 2 | 3 | 4 | 5 | 6 |
| **Margaret Hunt Senior Center****8:30 – 11:30 a.m.****Eleanor Kahle****1:30 – 4:00 p.m.** | **Sylvania Senior Center****8:30 – 11:30 a.m.****Tai Chi****Oregon Senior Center** **12:30 -1:30 p.m.****Pilgrim Port****3:00 – 4:00 p.m.** | **Friendship Park Senior Center****8:30 – 11:30 a.m.** | **Maumee Senior Center****8:30 – 11:30 a.m.****Tai Chi****Pilgrim Port****3:00 – 4:00 p.m.** | **Zablocki Center****8:00 – 11:30 a.m.****Tai Chi****Zablocki Center****9:00 – 10:00 a.m.** |
| 9 | 10 | 11 | 12 | 13 |
| **Creekside Condos****8:30 – 11:30 a.m.****Hope Manor****1:30 – 4:00 p.m.** | **APHEPA 118****8:30 – 11:30 a.m.****Tai Chi****Oregon Senior Center** **12:30 -1:30 p.m.** | **Jerusalem Township****8:30 – 11:30 a.m.** | **Maumee Senior Center****8:30 – 11:30 a.m.** | **Zablocki Center****8:00 – 11:30 a.m.****Tai Chi****Zablocki Center****9:00 – 10:00 a.m.** |
| 16 | 17 | 18 | 19 | 20 |
| **Margaret Hunt Senior Center****8:30 – 11:30 a.m.****Eleanor Kahle****1:30 – 4:00 p.m.** | **Sylvania Senior Center****8:30 – 11:30 a.m.****Tai Chi****Oregon Senior Center** **12:30 -1:30 p.m.** | **Friendship Park Senior Center****8:30 – 11:30 a.m.** | **Maumee Senior Center****8:30 – 11:30 a.m.** | **No Clinic** |
| 23 | 24 | 25 | 26 | 27 |
| **Oregon Senior Center****8:30 – 11:30 a.m.****Luther Woods****1:30 -4:00 p.m.** | **Sylvania Senior Center****8:30 – 11:30 a.m.****Tai Chi****Oregon Senior Center** **12:30 -1:30 p.m.** | **Oblates** **8:30 – 11:30 a.m.****Luther Crest** **1:30 – 4:00 p.m.** | **No Clinic** | **No Clinic** |
| 30 | 31 |  |  |  |
| **Holiday** **No Clinic** | **Tai Chi****Oregon Senior Center** **12:30 -1:30 p.m.** |  |  |  |

**~ This program is funded in part by the Area office on Aging of Northwest Ohio, Inc. ~**

Creekside Condos

2001 Perrysburg Holland Rd.

Holland, Ohio 43528

(419) 861-5616

Eleanor Kahle

1315 Hillcrest

Toledo, Ohio 43612

(419) 476-2745

Friendship Park Senior Center

2930 131st St.

Toledo, Ohio 43611

(419) 936-3079

Jerusalem Township Nutrition

9501 Jerusalem Rd.

Curtice, Ohio

(419) 836-7302

Luther Woods

2519 N. Holland-Sylvania Rd.

Toledo, Ohio 43615

(419) 841-1699

Western Lucas County Clinic-WLCC

330 Oak Terrace Blvd.

Holland, Ohio 43528

(419) 213-6255

Sylvania Senior Center

7140 Sylvania Ave.

Sylvania, Ohio 43560

(419) 885-3913

Zablocki Senior Center

3015 Lagrange St.

Toledo, Ohio 43608

(419) 936-3090

Hope Manor

4702 Violet Rd.

Toledo, Ohio 43623

(419) 246-4733

AHEPA 118 Apartments

1865 West Alexis Rd.

Toledo, Ohio 43613

(419) 471-0112

Margaret Hunt Senior Center

2121 Garden Lake Parkway

Toledo, Ohio 43614

(419) 385-2595

Maumee Senior Center

2430 S. Detroit

Maumee, Ohio 43537

(419) 893-1994

Oblate Residences

1225 Flaire Drive

Toledo, Ohio 43615

(419) 536-3862

Oregon Senior Center

4350 Navarre Ave.

Oregon, Ohio 43616

(419) 698-7078

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