**April 2016 Sixty Plus Clinic & Tai Chi Schedule** *Toledo-Lucas County Health Department~ 635 N. Erie St. Toledo, Ohio 43604 Contact – Debbie McClure, R.N. (419) 213-6259*

Margaret Hunt Senior Center

2121 Garden Lake Parkway

Toledo, Ohio 43614

(419) 385-2595

Maumee Senior Center

2430 S. Detroit

Maumee, Ohio 43537

(419) 893-1994

Oblate Residences

1225 Flaire Drive

Toledo, Ohio 43615

(419) 536-3862

Oregon Senior Center

4350 Navarre Ave.

Oregon, Ohio 43616

(419) 698-7078

Strawberry Acres

950 S. McCord St.

Holland, Ohio 43528

(419) 865-7104

Sylvania Senior Center

7140 Sylvania Ave.

Sylvania, Ohio 43560

(419) 885-3913

Zablocki Senior Center

3015 Lagrange St.

Toledo, Ohio 43608

(419) 936-3090

Westbrook Village

5702 Angola Rd.

Toledo, OH 43615

(866) 786-9649

Luther Woods

2519 N. Holland-Sylvania Rd.

Toledo, Ohio 43615

(419) 841-1699

Hope Manor

4702 Violet Rd.

Toledo, Ohio 43623

(419) 246-4733

AHEPA 118 Apartments

1865 West Alexis Rd.

Toledo, Ohio 43613

(419) 471-0112

Mercy Senior Wellness Center

545 Indiana Ave.

Toledo, Ohio 43604

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  | 1 |
|  |  |  |  | **Zablocki Center**  **8:00 – 11:30 a.m.**  **Tai Chi**  **Zablocki Center**  **9:00 – 10:00 a.m.** |
| 4 | 5 | 6 | 7 | 8 |
| **Margaret Hunt Senior Center**  **8:30 – 11:30 a.m.**  **Eleanor Kahle**  **1:30 – 4:00 p.m.** | **Sylvania Senior Center**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Oregon Senior Center**  **12:30 -1:30 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Friendship Park Senior Center**  **8:30 – 11:30 a.m.** | **Maumee Senior Center**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Westbrooke**  **1:00 – 2:00 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Zablocki Center**  **8:00 – 11:30 a.m.**  **Tai Chi**  **Zablocki Center**  **9:00 – 10:00 a.m.** |
| 11 | 12 | 13 | 14 | 15 |
| **Creekside Condos**  **8:30 – 11:30 a.m.**  **Hope Manor**  **1:30 – 4:00 p.m.** | **APHEPA 118**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Oregon Senior Center**  **12:30 -1:30 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Jerusalem Township**  **8:30 – 11:30 a.m.** | **Maumee Senior Center**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Westbrooke**  **1:00 – 2:00 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Zablocki Center**  **8:00 – 11:30 a.m.**  **Tai Chi**  **Zablocki Center**  **9:00 – 10:00 a.m.** |
| 18 | 19 | 20 | 21 | 22 |
| **Margaret Hunt Senior Center**  **8:30 – 11:30 a.m.**  **Eleanor Kahle**  **1:30 – 4:00 p.m.** | **Sylvania Senior Center**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Oregon Senior Center**  **12:30 -1:30 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Friendship Park Senior Center**  **8:30 – 11:30 a.m.** | **No Clinic** | **Tai Chi**  **Zablocki Center**  **9:00 – 10:00 a.m.** |
| 25 | 26 | 27 | 28 | 29 |
| **Oregon Senior Center**  **8:30 – 11:30 a.m.**  **Luther Woods**  **1:30 -4:00 p.m.** | **Sylvania Senior Center**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Oregon Senior Center**  **12:30 -1:30 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Luther Crest**  **1:30 – 4:00 p.m.** | **Oblates**  **8:30 – 11:30 a.m.**  **Tai Chi**  **Westbrooke**  **1:00 – 2:00 p.m.**  **Pilgrim Port**  **3:00 – 4:00 p.m.** | **Zablocki Center**  **8:00 – 11:30 a.m.**  **Tai Chi**  **Zablocki Center**  **9:00 – 10:00 a.m.** |

Creekside Condos

2001 Perrysburg Holland Rd.

Holland, Ohio 43528

(419) 725-6302

Eleanor Kahle

1315 Hillcrest

Toledo, Ohio 43612

(419) 476-2745

Friendship Park Senior Center

2930 131st St.

Toledo, Ohio 43611

(419) 936-3079

Jerusalem Township Nutrition

9501 Jerusalem Rd.

Curtice, Ohio

(419) 836-7302

**~ This program is funded in part by the Area office on Aging of Northwest Ohio, Inc. ~**